

ASD AMAC Competition Sports Update --Great results! 8 April 2014

[Campaign Preview](#)

[HTML Source](#)

[Plain-Text Email](#)

[Details](#)



ASD Sports Team -Update results Round 1 ACT AMAC Competition held at the AIS on the 6 April 2014

Email not displaying correctly? [View it in your browser.](#)





Check out the BLING!

ASD Sports Team 'THE EAGLES' Update - ACT AMAC Competition Round 1 -5 April 2014

Dear all ASD members and Parents,

Last weekend the ASD Sports team 'the Eagles' competed in the ACT AMAC Round 1, held at the AIS.

The team did outstanding. With many places awarded to individual team members.

What impressed me the most was the skill level displayed, the amazing 'control' and the great attitude and sportsman ship they displayed to one another and the referees and organizers of the competition.

I would like to thank those parents and children who came and supported the team.

The battle in sport is overcoming the inner experiences athletes go through prior to their events. Then stepping up into the arena and being accounted for. This takes 'guts' and you all have my respect for doing this.

"The credit belongs to the man who is actually in the arena, whose face is marred by dust and sweat and blood, who knows the great enthusiasms, the great devotions, and spends himself in a worthy cause; who at best, if he wins, knows the thrills of high

achievement, and, if he fails, at least fails daring greatly, so that his place shall never be with those cold and timid souls who know neither victory nor defeat."

-- John Fitzgerald Kennedy

At one stage of the competition there was three events going on the mat with all of our ASD adult competitors competing and it was an intense 40 minutes of outstanding sparring.

RESULTS

Harrison Faure' - 1st Points sparring, 2nd in Continuous sparring, 1st Sword, 2nd in Sumo

Ben Wilson - 1st in points sparring, 2nd in continuous sparring

Angus Lowe - 1st in continuous sparring, 2nd in points sparring

Brenton Monteleone - numerous 1sts -17 yrs continuous sparring and male adult advanced to BB continuous sparring, 2nd points sparring

Anthony Coggan - 4th advance to Black belt Continuous sparring, 2nd beginner to intermediate continuous sparring.

Damien Parrello - 1st Points sparring beginner to intermediate

Amina Elzein - 3rd ladies continuous, 3rd ladies continuous sparring

Dilip Sun Raj - 4th beginner to intermediate points sparring, 4th bbeginner to intermediate continuous sparring.

The final thanks goes to the AMAC organisers Sensei Doug and his team. What a wonderful job they do. They travel from Sydney to run this competition for Canberra based Martial Arts Schools. The least we could do is support the these activity and encourage others to participate.

If you are interested in joining the ASD Sports team 'The Eagles' then we will be recommencing training in the first week of Term 2. This is open to all adults and Falcon (yellow belts and above). The ASD sports class is held on Tuesday evenings at 6PM. There is a small additional cost of \$50.00 per term. Also, children will need adult

permission and all competitors will need to purchase a mouth guard, shin protectors, hand protectors, males (groin guards) and females chest protectors.

regards

Travis Faure

ASD Chief Instructor

*Copyright © *|2014|* *|Australian Self Defence|*, All rights reserved.*

You are receiving this email because you have become a member of ASD and this is how we manage our communications with students

Our mailing address is:

Australian Self Defence

Unit 4

47-49 Vicars Street MITCHELL

Canberra, ACT 2911

Australia

Add us to your address book

[forward to a friend](#) [unsubscribe from this list](#) [update subscription preferences](#)

The MailChimp logo is displayed in a white, cursive font within a grey rectangular box.

This email was sent to << [Test Email Address](#) >>
[why did I get this?](#) [unsubscribe from this list](#) [update subscription preferences](#)
Australian Self Defence · Unit 4 · 47-49 Vicars Street MITCHELL · Canberra, ACT 2911 · Australia

